## Coach Training Matrix

Course	Description	Length	Attendee Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
6U Coach	This training presents information and skills to be taught relevant to the small-sided match (4v4) of the 6U age group.	2 hours	None	Coach Instructor	Regional Coach Administrator
8U Coach	This training presents information and skills to be taught relevant to the small-sided match (4v4) of the 8U age group.	2 hours	Completion of 6U Coaching Course is recommended	Coach Instructor	Regional Coach Administrator
10U Coach	This training presents information and skills to be taught relevant to the small-sided match (7v7) of the 10U age group.	3 hours	Completion of 8U Coaching Course is recommended	Coach Instructor	Regional Coach Administrator
12U Coach	This training presents information and skills to be taught relevant to the small-sided match (9v9) of the 12U age group.	5 hours	Completion of 10U Coaching Course is recommended	Coach Instructor	Regional Coach Administrator
Intermediate Coach	This training focuses on tactical situations and set pieces. This course builds upon the 12U Coaching Course.	8 hours	Completion of the 12U Coaching Course, AYSO's Safe Haven, The CDC Concussion Course, Intermediate Coach Online, AYSO's Online Summary of the Laws of the	Advanced Coach Instructor	Area Coach Administrator

AYSO Reference Book 10:5

## Coach Training Matrix

Course	Description	Length	Attendee Prerequisites	Minimum Lead Instructor Requirements	Minimum Authorization Required
			Game And Training Plan Design are required.		
Advanced Coach	This training focuses on tactical situations, advanced tactics, and observation, evaluation, and implementation techniques. This course builds upon the Intermediate Coaching Course.	18 hours	Completion of the Intermediate Coaching Course is <b>required</b> .	Advanced Coach Instructor	Section Coach Administrator
National Coach	This training provides training in advanced levels of play and requires 25 hours of mentoring in local Section, Area or Region upon completion of the course.	56 hours	Completion of the Advanced Coaching Course is <b>required</b> .	AYSO National Coach Instructor	Director of Player Development
Coach Administrator Training	This training presents the duties and responsibilities of Coach Administrators with tips to enhance performance and enjoyment.	1.25 hours	None	Advanced Coach Instructor	Area Coach Administrator
Annual Coach Update	This training provides continuing education for coaches in the Region. Program updates and program requirements are reviewed in this training session.	1 hour	None	Coach Instructor	Regional Coach Administrator

10:6 AYSO Reference Book